

Helping you function at your best

07938592464

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Patient registration and consent

Title: Full Name	
Date of Birth: Occupation:	
Address:	
Phone: Home: Work: Mobile:	
E-Mail address:	
GP name: Address:	
I give permission for the treating practitioner to contact my GP	
Signed:	
OUR CHARGES:	
Initial consultation £45.00 (60 min appt)	
Follow up treatment £40.00 (45 min appt)	
Payment is via cash or cheque payable at each appointment.	
We regret that unless 24 hours notice is given of cancellations, a charge mu made.	ıst be
I agree to the terms above and give consent to treatment:	
Signed: Date:	

Katie Foster Physio

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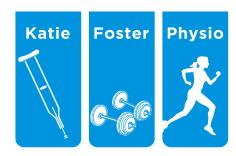
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Patient questionnaire

Please notify your therapist if you have any of the following: Thyroid problems Y/N Epilepsy Y/N Heart problems Y/N Rheumatoid arthritis Y/N Asthma Y/N Diabetes Y/N Pregnancy Y/N Major illness Y/N Operations Y/N Metal Y/N Implants (pacemaker etc) Y/N Osteoporosis/osteopenia/unexplained fractures Y/N If you have answered yes to any of the above please provide details: Are you taking any medications? Y/N please list: Have you received treatment for any other conditions previously:



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Patient Information

Your first appointment will last approximately 60 mins. This involves the therapist taking a detailed history of your condition, gathering information on your medical history, daily activities and lifestyle. This is then followed by a physical assessment.

To fully assess your condition the therapist may ask you to undress down to shorts or underwear. This enables the therapist to see posture, muscular imbalances, rotations and any other deformities that may have an impact on your condition or recovery. Please notify the therapist if you do not feel comfortable disrobing in your sessions.

The purpose of the assessment is to determine the affected structures and determine a treatment plan. To fully assess structures they will be stress tested by the therapist. This may lead to a slight aggravation of your condition, this will be minimised as much as possible by the therapist but is sometimes unavoidable to complete a thorough assessment.

At the end of your session, the findings will be discussed with you and a treatment plan generated. Treatment may be provided at the initial assessment depending upon the severity, irritability and nature of your condition.

Advice and self management will be provided and exercises may be prescribed to help you help resolve your condition.

If there is any aspect of your assessment or treatment you are unhappy with please discuss with your therapist. Any questions on your condition will happily be answered and all treatments will be explained prior to application. Please be aware you have the right to decline any aspect of treatment or assessment at any time. You are welcomed to bring a chaperone to any of your appointments.

Subsequent treatments are 45 minutes in duration, reassessment and progression of treatment will occur during these sessions.

Patient participation is a large part of the success of physiotherapy. Your therapist will assist in restoring your body to its optimum condition and alignment but for these treatments to have maximum benefit it is requested that you participate in a patient specific home exercise program that will maximise and sustain treatment effects.

If you have any further questions about your physiotherapy assessments or treatments please don't hesitate to contact us.

